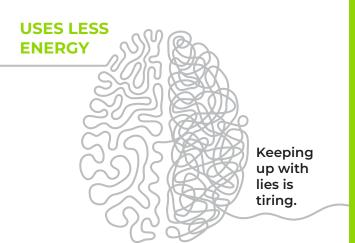
# BENEFITS OF TELLING THE TRUTH:



- > No self-contradictions
- > You don't have to remember lies
- > Less stress
- > Predictable behaviours
- > Increases goodwill
- > Increases confidence
- > Earns trust and respect
- > Creates more opportunities
- > You become more acceptable by others
- > You make the right decisions
- > Decreases the rate of theft and corruption

The Twelve Pillars of Usher Group consist of 12 intentions,

spread out over a period of 12 months.

JANUARY Gratitude and Reflection

Reflect on the year past and express gratitude and

reflection for the future year ahead.

FEBRUARY **Love** 

Valentine's Day 14th February

MARCH **Happiness** 

International Day of Happiness 20th March

International Womens Day 8th March

APRIL Truth

International Day for the Right to the Truth 24th March

MAY Creativity

World Creativity and Innovation Day 21st April

Mother Day 2nd Sunday of May

JUNE **Awareness** 

World Environment Day 5th June World Ocean Day 8th June Global Day of Parents 1st June International Children's Day 1st June

JULY Forgiveness

National Day of Forgiveness 7th July

AUGUST Accountability

International Day of Worlds Indigenous People

9th August

World Humanitarian Day 19th August

SEPTEMBER Generosity

International Day of Charity 5th September

OCTOBER Kindness

World Kindness Day 13th November

NOVEMBER Compassion

World Compassion Day 28th November

DECEMBER Family

Holiday Season is a time of

Family

**USHER** | CARE

We care.

**EMAIL** ushercare@ushergroup.com

**PHONE** 0414 740 477

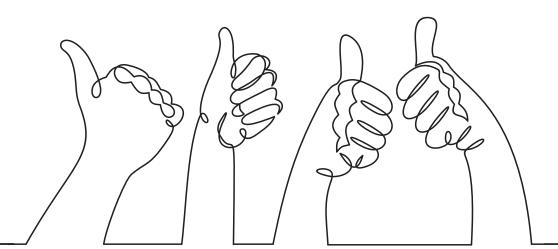
ADDRESS 1/47 Newheath Dr, Arundel, QLD 4214

**USHERGROUP.com** 









# **TRUTH**

#### TRUTH IS:

- > The opposite to lies
- > Revelation; hides nothing
- > Simply telling it like it is
- > Constructive and adaptive
- > Truth corresponds to reality

#### **CHALLENGES TO TRUTH**

**Relativism** – there is no such thing as absolute truth, and that truth can be relative

**Skepticism** – doubts the truth

**Pluralism** – all truths can be equally valid

### WHY TRUTH IS IMPORTANT?

Why is it so important to understand and embrace truth?

Simply because life has consequences for being wrong.

- Administering the wrong dosage of medication can kill;
- Lying about finances can impoverish a family;
- > Manipulating data can produce incorrect facts

## TRUTH IS NOT:

- > Simply whatever works
- > What makes you feel good
- > What the majority says
- > How we know, but what we know
- > What is just believed
- > What has become popular

Lies are destructive and self-defeating

The truth will set you **free**